

THE COVID-19 CRISIS -- RELEASING YOUR FEARS!

Second Timothy 1:7

INTRODUCTION: God takes no credit for the spirit of fear. He is not author of it – in short, If you got it, you didn't get it from God.

However, we are living in time where people have NO CLUE how to live with NO FEAR.

1. **ADMIT YOUR FEAR – Closing your eyes won't do it – Open your eyes and face your fears!**

2. **ACTIVATE YOUR FAITH – God's answer to fear is faith (power, love, and a sound mind)**

If I were to take a quick inventory of my life, is my life more characterized by **confidence, strength, love, and balance**, or is my life characterized more by fear, weakness, hatred, and confusion?

You tell me how you are feeling and I will tell you – WHO GAVE IT TO YOU!

A) Power confronts the fear

(God's power!) -- LORD, I WANT TO BE CONSISTENT AND NOT CRISIS ORIENTED...

B) Love calms the fear

Fear will either push **love** out of you (or) **Love** will push fear out of you!

Sound mind conquers the fear

When a train goes through a dark tunnel, if you are afraid of the dark – you don't throw away your ticket and jump off the train – you sit there, sit still and trust the engineer.